

# ST. GREGORIOS DAYABHAVAN

(A Project of Malankara Orthodox Church Mission Board)

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## ANNUAL REPORT 2015

### Preface

St. Gregorios Dayabhavan continues to serve the community through a rehab home (in Kunigal) for children of parents afflicted with HIV/AIDS disease and also those infected themselves. The hospital at Tumkur (30-bed facility) provides inpatient and palliative care to HIV/AIDS/TB patients free of cost. The organization regularly conducts awareness and outreach programs (blood donation camps, health promotion and screening in villages and in-house programs for schools/companies) and works in alliance with several healthcare organizations - Mother Teresa Children's Foundation (MTCF), Karnataka Health Promotion Trust (KHPT), Karnataka State AIDS Prevention Society (KSAPS), National AIDS Control Organization (NACO), Catholic Health Association of India (CHAI), Revised National Tuberculosis Control Programs (RNTCP) - while making sustained efforts to nurture marginalized and the sick in the rural district of Tumkur. The organization sponsors children (inmates of the foster home as well as those residing in nearby villages) for formative and higher education with a view to assist them with employment opportunities and to lead independent lives.

Overall, the organization engages in rural community service. Its vision: *Ensuring the quality of life of the HIV/AIDS affected and infected through continuous rehabilitation, education and providing economic opportunities.*

Major areas of intervention are: Rehabilitation, Healthcare and Capacity building/Outreach programs. Highlights of 2015-16 are outlined here.

### A) REHABILITATION:

#### **A.1) Dayabhavan (Rehab Home), Kunigal**

The occupancy data in **Table-1** shows that the number of inmate children during 2015 was 69. At the estimated growth rate of 4%, this is likely to be 72 by end of 2016. All the inmates and 263 non-residential children were sponsored in kindergarten classes through primary and higher education. Among the inmates, 15 were enrolled in professional courses. The Organization makes efforts to assist the professionally qualified inmates in pre-employment/internship programs.

**Table-1: Occupancy chart of Dayabhavan Home**

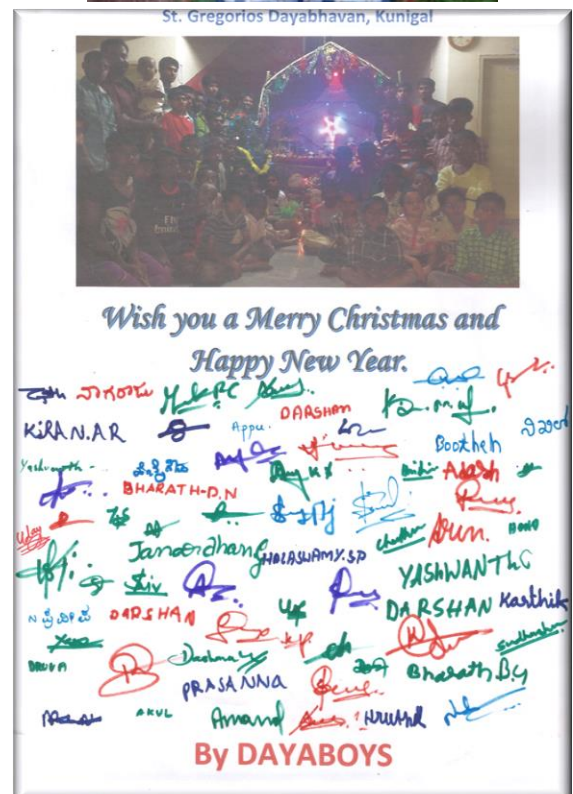
Rehabilitation and Education	Number of Children		
	Plan 2015	Actual 2015	Estimate 2016
Residential	65	69	72
Non-Residential	250	263	315

The infected inmates (14) are provided comprehensive care, treatment, moral support and nutritional supplements. The benefits of medical treatment, foster care & education have created a positive impact on the affected families and communities.

The organization is proud and delighted to mention that one its senior inmate - Narayana, T. - qualified the engineering degree course in first class during June 2015. Despite the rustic background, he excelled in academics, domestic duties and served as a role model for all other inmates of Dayabhavan. He had earlier secured both ITI certificate and engineering diploma. This achievement is likely to instill career focus and self-reliance in him. Another testimony is that of B.S. Sudarshan, 2<sup>nd</sup> year pharmacy doctorate student of Sri Adichunchanagiri College of Pharmacy, Tumkur who finished the first year university examination in good grade as also excelled in university sports events. Displaying indomitable spirit and homey, the *DAYABOYS* come together in festive occasions and in a self-styled, commemorative card.



St. Gregorios Dayabhavan, Kunitgal



Dayabhavan lost a loving inmate in 2015 when he succumbed to the disease after a brief illness. An inmate of Dayabhavan since 2007, Nagesh was 18 years of age pursuing Bachelor's degree in Social Work. He had shown good talent and potential in academics even from a tender age of 10 and hoped to become a counsellor.



*Au revoir, Nagesh*

In July 2015, he became vulnerable to the disease when the body resistance to infection decreased progressively and had to be hospitalized due to *Pneumocystis Pneumonia (PCP)*. Antiviral Retro Therapy (ART) regimens appeared incapable of arresting the disease and the fatal disease finally overpowered his defenses on August 28, 2015.

**A.2) Future Plan:** *Implementation of Dayatheeram to provide quality healthcare and foster facilities to HIV-infected (HIV-positive) children living in and around Tumkur District.*

The year-wise occupancy chart of inmates reveals a 20% Year-on-Year growth rate of HIV-infected (positive) children. This demands exclusive living and health care facilities for this category of children.

Accordingly, the Organization considers it necessary to construct an exclusive habitat for HIV-positive children within the same campus consisting of augmented facilities and services (medical/sick room, study/recreation & nutritive supplements).

*Dayatheeram (Shore of Compassion)*, a new habitat has been conceptualized to accommodate 25 children and is planned to be built adjacent to the existing home within the same premises. The campus is spacious, homely and amenable to children's overall growth & development and has provision for outdoor activities (playground, vegetable & fruit plant garden, domestic animals and agriculture).

## **B) HEALTHCARE (Treatment and Care Centre)**

### **B.1) Dayasparsha Hospital (Tumkur) Statistics**

Treatment - Care - Support is the institutional motto for this program with major emphasis on welfare of People Living with HIV (PLHIV). The 30-bed hospital for HIV infected and TB patients in the District of Tumkur is dedicated to comprehensive treatment, care and psycho-social services for people living with HIV, tuberculosis and chronic kidney disease. Major focus is on medical management of opportunistic infections (including side effects, ailment & pain relief), anti-retroviral therapy, palliative care, TB services, nutritional assessment and palliative care. All services are free including medicines and food.



2014



2015 (Inaugurated Nov 30, 2015)



**Table-2: Occupancy of Dayasparsha Hospital**

HIV/AIDS/TB Treatment & Care	Number of In-Patient Days		
	Plan 2015	Actual 2015	Estimate 2016
	6480	<b>7920</b>	8100

Reiterating the Organization's objective of 'Advocating equitable access to quality care, treatment and at prevention to all people living with or at risk of HIV infection', President of Malankara Orthodox Church Mission Board, HG Dr. Yuhanon Mar Chrysostomos opened the new facility to public on November 30, 2015. Other dignitaries present on the occasion, HG Dr. Yuhanon Mar Thevodorus (Co-President), Smt. Lalitha Ravish (Hon. Mayor, Tumkur Metropolitan City), Mr. Belli Lokesh (President, Lions Club, Tumkur) and Smt. Mamatha (Chief Medical Officer, ART Center, Tumkur) offered felicitations.



Started as a Primary Healthcare Clinic at Kunigal in 2005, this hospital is now exclusively devoted to HIV/AIDS/TB patients, one of a kind in Tumkur District. It is an authorized center for administering anti-retroviral therapy (ART) for disease intervention and liaises with National AIDS Control Organization (NACO), Ministry of Health and Family Welfare - Govt of India, Karnataka Health Promotion Trust (KHPT), Karnataka State AIDS Prevention Society (KSAPS), Catholic Health Association of India (CHAI) and Revised National Tuberculosis Control Program (RNTCP).

There are nearly 9000 registered HIV/AIDS infected population in the district and continuous efforts are made to approach them and provide medical treatment wherever possible. Children requiring rehabilitation will be admitted to Dayabhavan home. The benefits of medical treatment and care accorded to the sick children and people will have a positive impact on the affected families and all communities nearby. Besides, attempts are being made to reach rural villages in the district for periodic health screening and through outreach programs for imparting awareness on health, hygiene and diseases.

### HIV Treatment: Integrated Counseling & Testing Center (ICTC)

ICTC tests revealed 18 HIV-positive cases during the year 2015-16. Total counselling sessions were 2115.

**Table-3: Summary of admissions, treatment and counselling services 2015-16**

Month-Year	No of New admissions	No of IP admissions	No of OPD cases	Total no of ICTC tests done	HIV-positive cases detected	No of Individual Psychosocial Services	No of Family Counseling Sessions
April-2015	22	84	103	23	1	126	60
May	27	68	93	22	2	115	47
June	37	80	117	28	2	145	47
July	27	76	130	34	4	164	54
August	23	64	93	33	2	126	47
September	18	46	71	21	0	92	28
October	33	63	131	20	1	151	47
November	21	55	79	25	1	104	40
December	31	83	103	25	3	128	59
January-2016	25	52	84	24	0	108	39
February	31	69	114	27	1	141	53
March	35	77	101	36	1	137	57
<b>Grand Total</b>	<b>330</b>	<b>817</b>	<b>1219</b>	<b>318</b>	<b>18</b>	<b>1537</b>	<b>578</b>

### **B.2) Tuberculosis Treatment: Revised National Tuberculosis Control Programs (RNTCP)**

Although it began as a care center for the HIV/AIDS infected and the affected, Dayabhavan has now taken up the challenge of giving service & care to TB suffers. It is a great opportunity to be a service provider of the RNTCP wing of the Government. Assistance in *monitoring, evaluation, guidance & help* from the District TB Department, Tumkur especially from Dr. Sanath Kumar, DTO is acknowledged.

Medical services related to TB advocacy and treatments are carried out under the guidelines of RNTCP and in collaboration with CHAI are listed below.

- a) TB Services Sputum Collection & Transportation, Testing
- b) Advocacy, Communication & Social Mobilization Program (ACSM)
- c) Directly Observed Treatment, Short Course (DOTS)

A consolidated report of various services provided in 2015-16 is summarized in Table-4.

**Table-4: Consolidated Report of Tuberculosis Services (RNTCP & CHAI) by Dayabhavan in 2015-16**

SN	Month	No of SC & ST Collection & Transportation	No of SP Positive	No of DOTS Started in the center	No of DOTS Continued in the Center	No of Referrals from the Center	No of X-ray done in the Center	No of X-ray positive in the Center	No of Extra-pulmonary TB	No of ACSM Programs	No of Participants in ACSM	No of Axshaya Samvad Households visited	No of Participants in Samvad
1	April	41	4	10	17	7	6	3	4	5	150	250	1250
2	May	26	2	11	15	9	13	5	6	2	60	250	1250
3	June	27	2	19	32	11	12	6	11	0	0	250	1250
4	July	27	1	16	23	4	13	8	2	1	30	250	1250
5	August	34	1	5	20	12	9	2	1	6	180	500	2500
6	September	13	1	8	14	6	3	0	7	0	0	0	0
7	October	38	3	9	14	8	6	3	2	5	150	535	2675
8	November	45	5	9	14	4	6	1	2	4	120	502	2510
9	December	51	2	7	12	6	8	2	2	0	0	465	2325
10	January	45	5	10	17	6	18	1	3	4	120	535	2675
11	February	27	1	6	19	6	9	1	3	4	120	502	2510
12	March	46	2	13	23	5	11	9	2	6	180	1000	5000
<b>Total 2015-16</b>		<b>420</b>	<b>29</b>	<b>121</b>	<b>220</b>	<b>81</b>	<b>114</b>	<b>41</b>	<b>45</b>	<b>37</b>	<b>1110</b>	<b>5039</b>	<b>25195</b>

37 ACSM Programs were conducted in various villages in Kunigal Taluk during 2015-16.





### B.3) Dayabhavan Medical Mission Hospital and Ashy Eliza Sajan Hospice (Vanigere Village, Kunigal)

Commemorating the first year of inception, Dayabhavan Medical Mission Hospital and Ashy Eliza Sajan Hospice celebrated the occasion on 22 December 2015. The Hospice with medical equipment, which was gifted by the Mother Teresa Children's Foundation (MTCF) UK, has been godsend to the poor and sick in the surrounding villages.



About 4500 patients were treated at the Hospice (inpatient/outpatients). Medical Camps have also been organized with a view to reach a wider section of the population.

#### B.3.1) Screening the public for HIV infection: Tumkur – 21 April 2015

A screening program for HIV infection was conducted for the public and high risk group in the Private Bus Stand premises in Tumkur by the Dayasparsha Hospital Team. Among 75 cases tested, 1 revealed as HIV-positive who was advised about the implications and course of treatment.



### C) CAPACITY BUILDING & OUTREACH PROGRAMS:

Although Dayabhavan Home and Dayasparsha Hospital serve as nodal centers for rehabilitation and medical treatment, a critical success factor lies in creating awareness and reaching disease-affected/infected population of remote (rural) communities and general population of the district in order to provide access to medical information and treatment facilities.

This is accomplished by:

- ☞ Door-to-door campaigns/mass health-screening programs for early disease identification.
- ☞ Networking and awareness programs related to personal & community hygiene, medical facts on diseases through residential and community advocacy programs.
- ☞ Counselling & Medical support; public rallies and street-plays.
- ☞ Medical Camps and Blood Donation campaigns/Blood Transfusion programs.

**C.1) Promoting a Zero-AIDS Society:**

*Public Rally in Kunigal on World AIDS Day, 01 December 2015*

Celebrating the World AIDS Day on December 01, 2015, St. Gregorios Dayabhavan rallied to synergize and make public its intentions to vote for a zero-AIDS society. Flagging off and leading the public rally were Mr. Dharmendra, Circle Inspector of Police, Kunigal and HG Dr. Yuhanon Mar Chrysostomos (President of Malankara Orthodox Church Mission Board). Later, at a public meeting, Hon. Civil Judge Dhakshayini, Kunigal Civil Court inaugurated the function and took oath for an AIDS-free world. Several other dignitaries from diverse sections of society - Dr. Shanthala Taluk Health Officer, Kunigal, Mr. T.G. Siddaiah, Block Education Officer, Hon. Civil Judge Sagar Ji Patil, Kunigal Civil Court; Presidential address was delivered by HG Dr. Yuhanon Mar Chrysostomos and blessings from Shri Siddarama Chaithanya Maha Swamigalu and HG Dr. Yuhanon mar Thevododros (Co-President, Mission Board, Malankara Orthodox Church). Mr. V.G. Ramesh greeted the gathering and Mr. Muralidhar Gowda thanked the participants. Two skits were played by Jnana Bharathi School and Hemadhri College on the occasion.



**C.2) Blood Donation Camps**

C.2.1) The Blood Donation Camp organized by Dayabhavan at Kunigal on December 1, 2015 attracted 32 donors and 32 units of blood were collected. The camp was inaugurated by Very Rev. K.I. Philip Remban (Director) and was supervised by Dr. Veena.





MOTHER THERESA CHILDREN FOUNDATION - SAVE A MILLION LIVES MISSION



Kariyamma receives blood (October 2015)

Ms. Kariyamma, an old rural woman, was suffering from acute anemia and was diagnosed with low Hb% on arrival at the Hospital. After medical screening, she was given 3 units of blood (one unit per day) on emergency basis. After the transfusion, she felt lively and breathlessness ceased. She was cheerful and grateful when she could walk out of the Hospital without support.

C.2.2) Medical and Blood Donation Camp organized at Gavimata was attended by Fr. Jinesh K Varkey, Firangi Matada Swamiji and Mr. Josy Abraham Marett. About 250 patients were treated and 50 units of blood were collected which was handed over to Sanjeevini Blood Bank.



C.2.3) Blood Donation Camp - Kunigal Police shows the way: 13 January 2016

A Blood Donation Camp was held at the Kunigal Police Station premises on January 13, 2016 where Deputy Superintendent of Police, Mr. Chandrasekhar; Circle Inspector, Mr. Dharmendra and Sub-Inspector, Mr. Guruprasad led the proceedings involving as many Police Staff as possible. Coordinating the event was Mr. V.G. Ramesh (St. Gregorios Dayabhavan) and Ms. Kate McQater (Coordinator, Asia Catalyst). 15 units of blood were collected. The camp was inaugurated by DYSP Mr. Chandrasekhar.





### **C.3) SANKALP 2016 - A Collegian's view on the 'Vision of My Village' - 14 January 2016**

In an event that put to test their debating skills, the students of the Holy Trinity College, Dayabhavan and other college in town participated in the open presentation of the theme, 'What can I be to my village - A vision' on 14 January 2016 at the College venue in Kunigal.



This was followed by a session on 'Reaching the Goal', wherein the keynote address was given by Ms. Kate McQuater (Coordinator, Asia Catalyst, USA). Motivational talks by Prof. Alexander Ninan (Retd. Professor, Aeronautical College, Qatar) and Dr. Koshy Mathai (Retd. Principal Scientist, University of Agricultural Sciences, Gandhi Krishi Vignana Kendra (GKVK) Campus, Bangalore) made the proceedings lively.

### **C.4) Eternal Aspirations – A tribute to Nagesh – 14 Jan 2016**

A session was held in memory of Nagesh, a former inmate of Dayabhavan, which reminisced over his lively spirit and service career that he cherished - counseling the sick and distressed. After a brief spell of illness, Nagesh had succumbed to *Pneumocystis Pneumonia (PCP)* in August 2015. In the memorial speech, Ms. Kate McQuater (Coordinator, Asia Catalyst, USA) recalled his early desire to become a committed counselor so as to help the pained and distraught patients of Dayasparsha Hospital. In tune with his aspirations, Dayabhavan is now devoted to build a Nagesh Memorial Community Centre for youth counseling in Hebbur panchayat.

Just as it would, the theme '*Listen to the Sick and Distressed*' evoked much interest and participation among the graduate students seeking a healthcare counseling career. The session was moderated by Ms. Kate McQuater (USA) and Dr. Ramesh, B., President, Dr. B. R. Ambedkar Study Center, University Tumkur.

There was good interaction and learning all of which served to enhance their academic vision.



### C.5) Celebration of Women in Kunigal – World Women’s Day, 9 March 2016

The function was inaugurated by Smt. Ba. Ha. Ramkumari, President, Kannada Sahithya Parishattu, Tumkur. Mr. Josy Abraham Marett, Principal, Holy Trinity College gave the presidential address which was followed by felicitations by Smt. Rekha Jagdeesh (Asst Professor, Holy Trinity College), Smt. Priyanka Arora (Head - Learning Hub, Apollo MedSkills, Bangalore) and Shri. Kavitha Krishna, Sahithigalu, Tumkur. Students and a large section of women participated in the function. Mr. Ramesh, V.G. (St. Gregorios Dayabhavan) introduced the dignitaries and Smt. Anju Philip (Asst. Professor, Holy Trinity College) thanked the participants.

Prominent members of the society were honored during the event: Dr. Shanthala, THO, Kunigal, Dr. Sudha, Gynecologist, Sri Saphthagiri Hospital, Kunigal, and Smt. Gayathri Balaramaraju, Kunigal serve as key women-in-service. The list included two *unsung heroes* - Smt. Venkatamma, Senior Staff Nurse (Retd) and Smt. Lakshmiddevamma, Social Worker - who have been offering exemplary services to the community.



### C.6) World TB Day-24 March 2016

#### *Kunigal town hosts TB Awareness Stall/Program, Street plays, Public rally & Meeting*

St. Gregorios Dayabhavan and its partner-major CHAI (Catholic Health Association of India) organized the public event, World TB Day (24 March 2016) in Kunigal town which was well received by general population. The program was formally inaugurated in a health awareness stall serving information and food supplements to poor by the Town Municipal President, Mr. KL Hareesh and nutritional kits to TB patients by Dr. Chandrika (Administrative Medical Officer, Taluk Hospital at Kunigal). Dr. Bindu Madhavan (MOTC), Mr. Sathyan Parakadavil (Treasurer, St. Gregorios Dayabhavan) and Dr. Sunil (Medical Officer, Dayabhavan Medical Mission Hospital) were present on the occasion.

Street plays and skits were performed by Dayabhavan’s inmates at several key locations which made the public curious and attentive. A public meeting was held in commemoration of the event and presided over by Mr. Josy Abraham Marett (Principal, Holy Trinity College, Kunigal) and inaugurated by Dr. Shanthala, THO,



Kunigal. Dr. Chandrika (AMO) and Dr. Bindu Madhavan (MOTC) addressed the gathering, Shri. Siddarama Chaithanya Mahaswamigalu (Areshankara Mata, Kunigal) said blessings on the occasion. Felicitations were given by Shri. Krishnamurthy (District Coordinator, CHAI), Dr. Ganesh Babu and Dr. Sunil (DMMH).



### C.7) In-house Capacity Building Programs

A number of learning sessions were organized by Dayabhavan staff in schools and educational institutions as well as for the benefit of company employees. These were designed to create awareness on basic health and hygiene, modern diseases, their symptoms, prevention and cure.



An interactive awareness program was organized by Dayabhavan on November 21, 2015 at Indo-Spanish Tasty Foods Pvt. Ltd., a company located in the dusty suburbs of Kunigal Industrial Area. This was a CHAI-AKSHAYA initiative and was guided by the District Coordinator of CHAI (Catholic Health Association of India) and Dayabhavan's Social Work Trainer.



The employee-participants of the company were provided with primary information on Tuberculosis, its symptoms, mode of transmission, treatment courses and about free services available at Dayabhavan Medical Mission Hospital (DMC) and at Dayasparsha Hospital such as sputum collection and transportation for tests. Fatality of the disease if not treated on time and the need for absolute drug adherence was stressed; also the recommended treatment regimen DOTS (Directly Observed Treatment, Short-Course) the tuberculosis control strategy recommended by the World Health Organization was explained.

The company workers who participated in awareness program expressed satisfaction and happiness for giving adequate information on the disease. Those participants who had cough with expectoration and other features of TB volunteered for sputum and x-ray examination, all of which was considered as success of the awareness program.

#### **C.8) Engaging and supporting rural community in Hebbur Panchayat in Kunigal Taluk**

St. Gregorios Dayabhavan is in the process of establishing a *Village Community Centre* consisting of *Youth Counselling Unit*, *Drinking Water Dispensing facility* for public and a *Tailoring Training Center* for women at Hebbur town in the land space allotted by Hebbur Village Panchayat. The foundation stone was laid by Hon. Member of Parliament S.P. Muddahanume Gowda, Tumkur Constituency in the presence of HG Dr. Yuhanon Mar Chrysostomos (President, Malankara Orthodox Church Mission Board). Construction of the Centre is planned to be completed by May-2016.



The Centre will be beneficial to the village where drinking water is scarce and to the rural women by assisting them with income generating schemes.



### C.9) Active participation in Swachh Bharat Abhiyan in Kunigal

As a part of the National Campaign, *Swachh Bharat Abhiyan* (Clean India Mission) 2nd October 2015, the Dayaboyas (Inmates of Dayabhavan) together with the faculty & students of the Holy Trinity College undertook to clean the premises of the dirt and disposal of waste along public places from the Holy Trinity College to the Police Station and General Hospital. The activity was inaugurated by Shri K.L. Harish, Municipal President of Kunigal and guided by Dr. Sunil (Medical Officer, Dayabhavan Medical Mission Hospital).



### C.10) Award for Community Service - Dubai

Dubai St. Thomas Orthodox Cathedral presented St. Gregorios Dayabhavan the *His Holiness Moran Mar Baselios Marthoma Didymus-I Award* for services rendered to rural community in Tumkur district. The award carries citation and prize money of INR 50,000 and was presented at a function organized during the Harvest Festival in Dubai on *November 13, 2015* by Honorable Indian Ambassador to UAE, H.E. Mr. T.P. Seetharam.





### Gratitude

*We are grateful to our Patron, HH Baselios Marthoma Paulose II Catholicos of the East & Malankara Metropolitan for the graceful presence and guidance at all times. Our President, HG Dr. Yuhanon Mar Chrysostomos has been a steering force and source of strength and we have grown under his tutelage. Heartfelt thanks are due to HG Dr. Yuhanon Mar Thevodorus (Co-President), HG Dr. Abraham Mar Seraphim (Vice-President) and Very Rev. K.I. Philip Remban (Director) for enriching us with thoughtful inputs on a regular basis.*

*We place on record our appreciation for several health organizations, viz. Mother Teresa Children's Foundation (MTCF, UK), National AIDS Control Organization (NACO), Revised National Tuberculosis Control Programme (Govt of India), Ministry of Health and Family Welfare (Govt of India), Karnataka Health Promotion Trust (KHPT) and Karnataka State AIDS Prevention Society (KSAPS) who routinely collaborated and shared with us many resources during community service.*

*We are indebted to all parish members and churches of Bangalore Diocese and Tumkur for supporting us in times of need and distress. This goes out especially to the MGOCSM and OCYM Unit of the St. Gregorios Orthodox Cathedral, Bangalore, whose gesture of providing education materials for all children every year is worthy of praise.*

*We fondly remember all our benefactors and sponsors for backing and cheering us on.*



Fr. Jinesh Varkey  
(Secretary)